



# Scratch Beginnings: Me, \$25, and the Search for the American Dream

*Adam W. Shepard*

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## **Scratch Beginnings: Me, \$25, and the Search for the American Dream** Adam W. Shepard

“DON’T believe the naysayers. The American Dream—the fable that says if you work hard and follow the rules, you’ll make it—is alive and well.”

—*New York Post*

Adam W. Shepard’s *Scratch Beginnings* is the fascinating and eye-opening account of the grand social experiment the author undertook in response to Barbara Ehrenreich’s *Nickel and Dimed*. Subtitled “Me, \$25, and the Search for the American Dream,” *Scratch Beginnings* chronicles Shepard’s successful efforts to raise himself up from self-imposed rock bottom in one year’s time—a personal odyssey that is sure to inspire anyone who reads about it, instilling new faith in the solid principles on which our democracy was built.

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