



# Das autobiographische Gedächtnis: Die Psychologie unserer Lebensgeschichte (German Edition)

*Rüdiger Pohl*

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## **Das autobiographische Gedächtnis: Die Psychologie unserer Lebensgeschichte (German Edition)**

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"Wir sind, was wir erinnern": Das autobiographische Gedächtnis erlaubt mentale Zeitreisen in die eigene Vergangenheit und erfüllt damit wichtige Funktionen für unser gegenwärtiges Selbst. Dieses Buch fasst den Stand der psychologischen Forschung zum autobiographischen Gedächtnis in verständlicher und übersichtlicher Form zusammen. Nach einer Einführung in die Gedächtnispsychologie werden Merkmale, Inhalte und Modelle des autobiographischen Gedächtnisses, die neurophysiologischen Grundlagen, die kognitiven Untersuchungsmethoden, der Entwicklungsverlauf über die Lebensspanne sowie die individuellen und sozialen Funktionen dargestellt. Zum Abschluss werden Ursachen für verfälschte Erinnerungen sowie organische und psychogene Gedächtnisstörungen thematisiert.

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