



# Such a Pretty Fat: One Narcissist's Quest To Discover if Her Life Makes Her Ass Look Big, Or Why Pi e is Not The Answer

*Jen Lancaster*

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## **A NOTE FROM JEN LANCASTER:**

"To whom the fat rolls...I'm tired of books where a self-loathing heroine is teased to the point where she starves herself skinny in hopes of a fabulous new life. And I hate the message that women can't possibly be happy until we all fit into our skinny jeans. I don't find these stories uplifting; they make me want to hug these women and take them out for fizzy champagne drinks and cheesecake and explain to them that until they figure out their insides, their outsides don't matter. Unfortunately, being overweight isn't simply a societal issue that can be fixed with a dose healthy of positive self-esteem. It's a health matter, and here on the eve of my fortieth year, I've learned I have to make changes so I don't, you know, *die*. Because what good is finally being able to afford a pedicure if I lose a foot to adult onset diabetes?"

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Why don't make it to be your habit? Right now, try to prepare your time to do the important work, like looking for your favorite publication and reading a reserve. Beside you can solve your problem; you can add your knowledge by the book entitled Such a Pretty Fat: One Narcissist's Quest To Discover if Her Life Makes Her Ass Look Big, Or Why Pi e is Not The Answer. Try to make the book Such a Pretty Fat: One Narcissist's Quest To Discover if Her Life Makes Her Ass Look Big, Or Why Pi e is Not The Answer as your pal. It means that it can being your friend when you truly feel alone and beside those of course make you smarter than ever before. Yeah, it is very fortunated to suit your needs. The book makes you more confidence because you can know every little thing by the book. So , let me make new experience and knowledge with this book.

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