



# Slow is Beautiful: New Visions of Community, Leisure and Joie de Vivre

*Cecile Andrews*

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We're hammered, we're slammed, we're out of control. Happiness is on the decline in the most affluent country in the world, and Americans are troubled by the destructiveness of a lifestyle devoted to money and status. Yet no one seems to have a clue how to exit from the fast lane.

*Slow is Beautiful* analyzes the subtle consumer and political and corporate forces stamping the joy from our existence and provides a vision of a more fulfilling life through the rediscovery of caring community, unhurried leisure, and life-affirming *joie de vivre*. The book discusses:

- The frantic time poverty plaguing everyone—a poverty that is being challenged by the growing slow life movement whose message is reverberating around the world
- The need to build a *culture of connection* with both people and the planet by challenging the consumer society and re-creating vibrant life in our local communities
- The creation of a different experience of time where we live life in slower, more reflective ways, savoring our lives and recapturing exuberance and laughter

Offering inspiration and concrete ideas, *Slow is Beautiful* will appeal to a broad audience of baby boomers nearing retirement, harried professionals with a social conscience, the one-time “middle class,” and twenty-to thirty-somethings who are now facing the sobering realities of constricted choices.

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As people who live in the modest era should be upgrade about what going on or data even knowledge to make these keep up with the era that is always change and move forward. Some of you maybe will probably update themselves by examining books. It is a good choice for you but the problems coming to you is you don't know what one you should start with. This Slow is Beautiful: New Visions of Community, Leisure and Joie de Vivre is our recommendation so you keep up with the world. Why, because book serves what you want and want in this era.

#### **David Byrd:**

The book Slow is Beautiful: New Visions of Community, Leisure and Joie de Vivre will bring you to the new experience of reading a book. The author style to describe the idea is very unique. In case you try to find new book you just read, this book very appropriate to you. The book Slow is Beautiful: New Visions of Community, Leisure and Joie de Vivre is much recommended to you to see. You can also get the e-book from the official web site, so you can easier to read the book.

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What is your hobby? Have you heard which question when you got students? We believe that that concern was given by teacher with their students. Many kinds of hobby, Every person has different hobby. And you also know that little person including reading or as reading through become their hobby. You have to know that reading is very important in addition to book as to be the issue. Book is important thing to increase you knowledge, except your teacher or lecturer. You find good news or update concerning something by book. A substantial number of sorts of books that can you take to be your object. One of them is niagra Slow is Beautiful: New Visions of Community, Leisure and Joie de Vivre.

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