

I CAN CAN DRIED BEANS!! How to safely home can dried beans to conveniently stock your food storage pantry to save money and time on delicious and nutritious ... (I Can Can Frugal Living Series Book 5)

Jennifer Shambrook

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Are you interested in saving money?

Are you interested in having more control over the food you eat or feed your family?

Are you interested in having food in your pantry that specifically suits your taste: for example, with more flavor, less sodium, or no added chemicals?

Imagine your own home pantry chock full of ready-to-serve, heart-healthy, flavorful home-canned dried beans in all of your own favorite varieties.

Whether you are interested in self sufficiency, saving money, eating healthier, or just giving home canning a try, this book is for you.

In I Can Can Dried Beans, you will learn to make your own chili beans, or Cajun red beans, or just plain pinto beans to serve as a side dish. You will also learn to use your home canned beans in such recipes as Hummus or Tex-Mex Refried Beans.

Home canning dried beans is made super-easy with this well-explained step-by-step guide.

Whether you are trying home canning for the first time or a seasoned home canner, you will learn something new in I Can Can Dried Beans!!

Select Buy Now at the top of the page and give it a try! You will be glad you did.



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