



Alzheimer ist heilbar: Rechtzeitig zurück in ein gesundes Leben (German Edition)

Michael Nehls

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Die Wahrheit über Alzheimer

Jährlich über 200.000 Alzheimer-Neuerkrankungen allein in Deutschland – bisher ohne Hoffnung auf Heilung. Kein Wunder, dass die Angst vor Alzheimer wächst. Doch Dr. med. Michael Nehls beweist, dass Alzheimer keine Folge des Älterwerdens ist, sondern durch eine Lebensweise verursacht wird, die unsere natürlichen Bedürfnisse ignoriert. Er präsentiert einen ganzheitlichen Ansatz, mit dem man sich nicht nur effektiv vor Alzheimer schützen, sondern die Krankheit in einem frühen Stadium sogar besiegen kann. Eine hoffnungsvolle und richtungweisende Erkenntnis, die dazu animiert, das Leben selbstverantwortlich in die Hand zu nehmen.

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