



## Wising Up: A Youth Guide to Good Living

*Reynold Feldman, Jan M. Rumi*

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Written especially for teens and young adults, *Wising Up* distills the wisdom of many traditions to set out eighty principles of good living in bite-size, two-page spreads. “Know Yourself,” “Seize the Day,” “Respect Others,” “Trust Your Instincts,” and “Take Responsibility” are just a few of the dozens of principles explained in no-nonsense, respectful, clear language. Perfect for individual or group reflection, *Wising Up* is ideal for youth groups in both secular and religious settings and makes a great gift for the teens in anyone’s life.

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