



Resilience in Children, Adolescents, and Adults: Translating Research into Practice (The Springer Series on Human Exceptionality)

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Resilience in Children, Adolescents, and Adults: Translating Research into Practice recognizes the growing need to strengthen the links between theory, assessment, interventions, and outcomes to give resilience a stronger empirical base, resulting in more effective interventions and strength-enhancing practice. This comprehensive volume clarifies core constructs of resilience and links these definitions to effective assessment. Leading researchers and clinicians examine effective scales, questionnaires, and other evaluative tools as well as instructive studies on cultural considerations in resilience, resilience in the context of disaster, and age-appropriate interventions.

Key coverage addresses diverse approaches and applications in multiple areas across the lifespan. Among the subject areas covered are:

- Perceived self-efficacy and its relationship to resilience.
- Resilience and mental health promotion in the schools.
- Resilience in childhood disorders.
- Critical resources for recovering from stress.
- Diversity, ecological, and lifespan issues in resilience.
- Exploring resilience through the lens of core self-evaluation.

Resilience in Children, Adolescents, and Adults is an important resource for researchers, clinicians and allied professionals, and graduate students in such fields as clinical child, school, and developmental psychology, child and adolescent psychiatry, education, counseling psychology, social work, and pediatrics.

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