



# Great Myths of Aging (Great Myths of Psychology)

*Joan T. Erber, Lenore T. Szuchman*

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*Great Myths of Aging* looks at the generalizations and stereotypes associated with older people and, with a blend of humor and cutting-edge research, dispels those common myths.

- Reader-friendly structure breaks myths down into categories such as Body, Mind, and Living Contexts; and looks at myths from “Older people lose interest in sex” to “Older people are stingy”
- Explains the origins of myths and misconceptions about aging
- Looks at the unfortunate consequences of anti-aging stereotypes for both the reader and older adults in society

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