



# The Ox-Herder and the Good Shepherd: Finding Christ on the Buddha's Path

*Addison Hodges Hart*

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In the twelfth century, the Chinese Zen master Kakuan Shien produced the pictures, poems, and commentaries we know as the Ten Ox-Herding Pictures. They trace a universally recognizable path of contemplative spirituality, using the metaphor of a young ox-herder looking for his lost ox.

According to Addison Hodges Hart, the Ten Ox-Herding Pictures and the teachings of Christ, the Good Shepherd who guides us to God, share a common vision. Both show us that authentic spiritual life must begin with an inner transformation of one's self, leading to an outward life that is natural and loving. In *The Ox-Herder and the Good Shepherd* Hart shares the story that these pictures tell, exploring how this ancient Buddhist parable can enrich and illumine the Christian way.

*Includes 10 color illustrations*

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