



# The Tao of Joy Every Day: 365 Days of Tao Living

*Derek Lin*

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**"We need to open our eyes to see life itself as a gift, and perceive the goodness embedded everywhere. Every day is a blessing, and every moment is an opportunity to express the Tao." -Derek Lin**

In Eastern wisdom traditions, it is taught that practicing one small bit of wisdom each day will add up to a life of insight and joy. This volume of 365 life-transforming readings brings the sacred teachings of the Tao to our everyday lives. *The Tao of Joy Every Day* contains Taoist sayings, insights, and stories-all designed to clearly provide understanding of what makes our lives meaningful, especially in a world that can seem hurried and crazed.

For the spiritual reader interested in books that can expand awareness and sensitivity to everyday life, *The Tao of Joy Every Day* is a great gift that will provide enlightenment for 365 days and beyond, laying the groundwork for a lifetime of happiness.

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