

# The Essential Handbook of Social Anxiety for Clinicians



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Essentials of Social Anxiety is a shorter, revised paperback edition of The International Handbook of Social Anxiety, focusing on developmental and clinical perspectives. It is organized into two parts: The Development of Social Anxiety; and Clinical Perspectives and Interventions. Like the International Handbook, it covers research, assessment and treatment, giving clinical practitioners comprehensive coverage of the area and a single concise desk reference.

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