



Martha to the Max: Balanced Living for Perfectionists

Debi Stack

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Like the Martha of Jesus' day, so many women are preoccupied with being the perfect hostess, wife, mother, worker that it leaves many of them angry, frenzied, and depressed. In *Martha to the Max*, Debi Stack uses humor to bring great relief and encouragement to today's Marthas. This entertaining adventure will help readers view and use their abilities in a way that brings a smile to the face of God. Debi gives plenty of practical tips on slowing down and focusing on the 'one thing' Jesus said is needed.

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