



La cuciniera genovese (Italian Edition)

Gio Batta e Giovanni Ratto

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La cucina dei genovesi ha subito, nel corso della storia, dall'epoca delle Crociate dell'espansione verso Oriente (contestuale a quella verso il Mediterraneo occidentale), una complessa stratificazione gastronomica, conseguenza di incroci, importazioni, sintesi di elementi mediterranei o comunque di merci di cui il Mediterraneo è stato il filo conduttore. La cuciniera genovese, con sottotitolo *La vera Maniera di cucinare alla genovese*, frutto delle fatiche di Gio Batta Ratto e, per le edizioni successive alla III, del figlio Giovanni, risale al 1863 ed è da ritenersi il primo saggio completo della cucina del territorio genovese. Nella sua prima edizione il volume raccoglieva 481 ricette; non tutte potevano essere definite correttamente e filologicamente genovesi. L'intento dei Ratto, oltre ad elencare le ricette legate alle tradizioni della città e del suo hinterland, era mettere insieme una summa nella quale si poteva constatare come i genovesi avevano recepito quella tranche di cucina universale che in Italia (ma anche in tutta Europa) era ormai comunemente diffusa e indicata come internazionale.

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