



Recetas para mejorar el mundo: Propuestas humanistas para un cambio social (Spanish Edition)

Antoni Bolinches

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Una nueva alternativa social basada en la psicología humanista.

Recetas para mejorar el mundo es una original propuesta de autoayuda basada en un concepto simple: lo que es bueno para cada uno debe serlo también para la sociedad. Así pues, la realización personal y la cooperación pueden convertirse -frente a la competición y el consumo- en un poderoso instrumento de cambio social.

«No existe en el mundo nada más poderoso que una idea a la que le ha llegado su tiempo», decía Victor Hugo. El ciudadano inquieto la encontrará en este libro: un camino lleno de sentido común para mejorar nuestro futuro bienestar colectivo.

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