



# Discover Your Spiritual Life: Illuminate Your Soul's Path

*Elizabeth Owens*

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## **Discover Your Spiritual Life: Illuminate Your Soul's Path** Elizabeth Owens

Some are led to a spiritual path by a mystical experience, by a tragic life circumstance, or by a lingering sense of discontentment. Positive and practical, this handbook by Elizabeth Owens offers the guidance you need to live a more spiritual, meaningful, and peaceful life by becoming a balanced observer rather than a concerned worrier.

*Discover Your Spiritual Life* provides detailed instructions on how to create affirmations and treasure maps to attract good things to your life. You will find out how to invite the Divine into your life every day through the mystical power of prayer, blessings, and meditation. And you'll learn step-by-step methods for cultivating new understanding, perception, and forgiveness of difficult or disappointing experiences.

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