

# The Women's Pharmacy: An Essential Guide to What Women Should Know About Prescription Drugs

Julie Catalano



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- Easy-to-use A-Z format features profiles of 300 drugs
- Vital information on side effects and drug interactions
- Cutting-edge research on the latest drug therapies ... and much more

#### Know the facts about the drugs you take.

With two thirds of the more than 1.6 billion prescriptions a year written for women, there's an urgent need for a clear, concise resource to help sort through the confusing — and often contradictory — bombardment of information and advertising for the drugs we take.

This authoritative guide provides an essential list of the drugs used exclusively by women — fertility drugs, contraceptives, breast cancer drugs, estrogens — plus drugs for cardiovascular disease, rheumatoid arthritis, depression, high cholesterol, diabetes, and other health problems that affect women in greater numbers than men.

It features:

- 200 prescription drug profiles covering more than 300 drugs
- Each drug's brand name, generic name, classification, dosage, side effects, drug and food/alcohol interactions, and pregnancy/nursing risks
- New research on which drugs affect women differently than men
- Facts even your doctor may not know
- Questions to ask the pharmacist before you take the drug
- Cautions for ordering drugs over the Internet
- Special warnings for seniors
- A guide to nonprescription and over-the-counter medications

Plus — a special women's resource directory for health-related issues and Web site addresses

#### From the Paperback edition.

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