



Counseling Families: Play-Based Treatment

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Counseling Families: Play-Based Treatment offers an engaging and practical integration of expressive arts and play therapy within family counseling. Building upon the most current research in family counseling, this volume presents new and humanistic approaches of family play therapy, including family-based cognitive behavioral therapy, family theraplay, and filial therapy. Application of these methods is explored with children and families affected by autism, divorce, and trauma. Essential coverage of the ethics of family play therapy as well as the therapist's own self-care is also included in this comprehensive and valuable resource. *Counseling Families: Play-Based Treatment* provides clinicians and family counselors with an integrative and effective model of family counseling that will help children and families understand and develop their mental health needs.

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