



The Spiritual Chicks Question Everything: Learn to Risk, Release, and Soar

Tami Coyne, Karen Weissman

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The Spiritual Chicks Question Everything is about overthrowing whatever holds us back from living the lives we want to live. Myths about how to be spiritual abound, and most of us have bought into at least a few of them, even if we're not aware of it. Tami Coyne and Karen Weissman help strip away the woo-woo, the no-no's, and the silly rules. With an outrageous and edgy look at the challenges they face in their own lives, the Spiritual Chicks share a no-holds-barred quest to know, feel, and apply universal goodness and authenticity to life.

In short lessons, posed as questions and juxtaposed against relevant passages from a surprising range of sources -- *The Terminator*, the Bible, Yogi Berra, the Peace Pilgrim, Clarence Darrow, Mahatma Gandhi -- pop culture, sacred scriptures from a variety of traditions, thinkers from around the world and throughout history -- the Spiritual Chicks take on topics like: Will God love me if I'm too fat? Do I need to suffer? How would I act if I were happy? Does electricity prove the existence of God? Is life a maximum security prison? Is there sex after death?

The Chicks pose the questions, throw out some ideas and stories, and invite us all to answer. They make learning to live honestly, and with conviction, fun, easy, and doable. After all, "The only qualification you need to become a spiritual person is the wherewithal to recognize that you already are one."

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