



# More-with-Less Cookbook (World Community Cookbook)

*Doris Janzen Longacre*

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While including no new recipes, this most recent printing is refreshed with a new introduction and detailed statistics including updated nutritional and pricing information for a new generation.

This is a new edition of Herald Press's all-time best-selling cookbook, helping thousands of families establish a climate of joy and concern for others at mealtime.

The late author's introductory chapters have been edited and revised for today's cooks. Statistics and nutritional information have been updated to reflect current American and Canadian eating habits, health issues, and diet guidelines. The new U.S. food chart My Plate was slipped in at the last minute and placed alongside Canada's Food Guide.

But the message has changed little from the one that Doris Janzen Longacre promoted in 1976, when the first edition of this cookbook was released. In many ways she was ahead of her time in advocating for people to eat more whole grains and more vegetables and fruits, with less meat, saturated fat, and sugars.

This book is part of the World Community Cookbook series that is published in cooperation with Mennonite Central Committee, a worldwide ministry of relief, development, and peace.

*Mennonites are widely recognized as good cooks. But Mennonites are also a people who care about the world's hungry.*

—**Doris Janzen Longacre**

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#### **Margaret Head:**

This book untitled More-with-Less Cookbook (World Community Cookbook) to be one of several books that will best seller in this year, that is because when you read this e-book you can get a lot of benefit upon it. You will easily to buy this particular book in the book shop or you can order it by means of online. The publisher on this book sells the e-book too. It makes you quickly to read this book, since you can read this book in your Smartphone. So there is no reason for you to past this book from your list.

#### **Timothy Brown:**

The actual book More-with-Less Cookbook (World Community Cookbook) has a lot info on it. So when you read this book you can get a lot of advantage. The book was authored by the very famous author. Tom makes some research before write this book. This particular book very easy to read you can obtain the point easily after reading this book.

#### **Carrie Mathis:**

This More-with-Less Cookbook (World Community Cookbook) is new way for you who has fascination to look for some information because it relief your hunger associated with. Getting deeper you in it getting knowledge more you know or perhaps you who still having small amount of digest in reading this More-with-Less Cookbook (World Community Cookbook) can be the light food for you because the information inside that book is easy to get simply by anyone. These books build itself in the form that is reachable by anyone, yep I mean in the e-book type. People who think that in e-book form make them feel tired even dizzy this e-book is the answer. So there is no in reading a guide especially this one. You can find what you are looking for. It should be here for a person. So , don't miss the idea! Just read this e-book kind for your better life in addition to knowledge.

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