



Die Bitterstoff-Revolution: Natürliche Vorsorge und sanfte Heilung über den Darm (German Edition)

Hannelore Fischer-Reska

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Neue Perspektiven der Naturheilkunde

Ob im indischen Ayurveda, in der Traditionellen Chinesischen Medizin oder in der Kräuterheilkunde der heiligen Hildegard – Pflanzen, die so genannte Bitterstoffe enthalten, spielen die herausragende Rolle bei der Vorsorge wie auch bei der Behandlung zahlreicher Krankheiten. Diese heilenden Essenzen und Tinkturen für uns wieder »entdeckt« zu haben, ist das große Verdienst der bekannten Heilpraktikerin Hannelore Fischer-Reska. Damals wie heute erfolgen Vorbeugung und Heilung vor allem über den Darm, in dem sich entscheidende Bereiche des Immunsystems befinden.

- Seit Jahrtausenden bewährt, jetzt wieder entdeckt: Bitterstoffe helfen und heilen bei zahlreichen Krankheiten und Gesundheitsstörungen.
- Für ein starkes Immunsystem, weniger Allergien und zur Gewichtsreduktion.
- Eine Revolution der Naturheilkunde: Die neuartige Bitterstoff-Therapie von Hannelore Fischer-Reska.

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