



Babbo Chef: Grande cucina per piccole donne e piccoli uomini (Italian Edition)

Maria Vittoria Zambini

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BABBO CHEF – edizione Jouvence/Freemedia
A cura di Maria Vittoria Zambini

Fabio Baldassarre / Moreno Cedroni / Antonello Colonna / Marco Fadiga / Fabrizio Ferrari / Filippo La Mantia / Aimò Moroni / Lucio Pompili / Oreste Romagnolo / Mauro Uliassi

Dieci tra i più famosi chef italiani, tutti papà, rivelano la loro idea di infanzia golosa: oltre cento ricette a misura di baby gourmet. Con prefazioni del celebre dietologo Giorgio Calabrese e della psichiatra e psicoterapeuta Federica Mormando, esperta di bambini.

Il gusto si forma nei primi anni di vita: ecco servita una fonte inesauribile di suggerimenti, indicazioni pratiche e fantasie culinarie per soccorrere quei “cuochi”, già mamme e papà ma non ancora chef, che vogliono soddisfare le esigenze dei loro piccoli “buongustai”.

La curatrice

Maria Vittoria Zambini – Parmigiana doc, dopo una laurea in Lingue e Letterature Straniere inizia nel 2000 il suo personale viaggio intorno al mondo dell'enogastronomia come redattrice di note riviste di food (Buon Appetito, Mangiar Sano, La cucina di Casamia e RistorArte) e collabora con la rivista di viaggi TuttoTurismo. Giornalista professionista dal 2006 e socia di Freemedia dal 2012, oggi lavora come freelance e consulente per case editrici e siti internet.

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